

# Alyssa Goodwin

## EXPERIENCE

3487 Cherokee Circle  
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### **Turning Stone Resort and Casino, Verona NY – Pastry Cook** May

2023- August 2023

- Produced hundreds of desserts up to chef's standards for all banquets, weddings, and meetings. Ensuring that all products were ready to fill orders in time for events.
- Followed SERV safe and company policies concerning cleanliness, professionalism and FIFO.
- Helped to ensure workplace environment was productive and efficient through self-regulation and being attentive to what needed to be produced for the future,

### **Board and Bar Charcuterie, Syracuse NY – Sous Chef, Prep Cook** July 2021- August 2022

- Preparing food to head chef's standards, including cutting and cooking of main dishes, appetizers and desserts.
- Sets up food stations to health code standards in order to prepare food for dinner service according to specifications given by recipes.
- Working with servers to ensure food is made to customer specifications in a timely manner.
- Keeps the kitchen clean and orderly by sweeping, mopping and sanitizing frequently as well as keeping food labeled, dated and rotated to ensure food freshness.

### **Quail Crest Memory Care, Eugene, OR – Medical Technician** August 2020 -June 2021

- Helped patients with all day-to-day personal tasks, from simple cleaning to meal preparation, bathing, and administered medication.
- Monitored vitals and medication use, documenting variances of baseline behaviors to ensure proper communication between residents and care staff.
- Fostered strong relationships with clients, provided compassionate care through companionship and counseling.
- Worked with supervisory medical staff on patient cases to provide the highest quality of care.

### **Americorps NCCC, Aurora, CO; Hannibal, MO; Ajo, AZ – Class 26 Core Member / Assistant Team Leader** October 2019 - July 2020

- Oversaw meal planning and preparation for 12 people for over 30 weeks. Helping to prepare over 360 meals. Managed conflict over cleaning and cooking schedules and maintained order within the shared living space.

### **Bellevue Country Club, Syracuse, NY – Waitress / Buser** July 2019 - October 2019

- Worked full time schedule serving customers at an upscale, members only golf club.
- Demonstrated advanced customer service competencies and ensured all guests received prompt, attentive, and professional service.
- Excelled within high-volume environments, serving up to 75 guests per shift and managing tables with up to 12 diners.

## EDUCATION

### **The Culinary Institute of America, Hyde Park, NY – A candidate for Associates in Baking and Pastry**

Expected in 04/2024

### **Marcellus Central Schools, Marcellus, NY — High School Diploma** September 2004 - June 2018

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graduating Spring 2021  
event is coordinating restaurants